



Plum Tree Child & Adolescent Psychology

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CHILD HEALTH HISTORY FORM

Today's Date _____

Child's Name:	Full Home Address:
Identified Gender:	Phone:
Date of Birth:	Parent's Names:
Current Age:	Referred by:

Reason for Appointment (Describe concerns)

What specific questions would you like to have answered during the course of this evaluation?

Is the evaluation requested to provide information or evidence for legal proceedings of any kind? ____

Do/did the child's parents, grandparents, or siblings have learning difficulties, attentional problems, psychiatric problems, substance use issues, or neurological disorders? If so, please describe:

MEDICAL INFORMATION

What medications have been prescribed in the past?

What medications are currently being prescribed?

Name of Medication	Dosage	Prescribed/Monitored by:

Over-the-counter medications or treatments currently being used:

SLEEP: My child...

- Sleeps well
 - Sleeps in his/her own bed
 - Sleeps with parent
 - Has difficulty falling asleep
 - Has difficulty waking up
 - Needs specific routines or items to be able to fall asleep
 - Other:
- Is very emotional right before bedtime
 - Often awakens in the middle of the night
 - Wets the bed
 - Has nightmares
 - Sleeps too much
 - Does not sleep enough
 - Other:

EATING HABITS: My child...

- Has a healthy diet
- Eats too much junk food
- Is overly sensitive to some types of food
- Is too picky of an eater
- Will try any food
- Is too preoccupied with food / calories
- Other:

- Overeats (eats too much)
- Binges (eats far too much)
- Purges (intentionally vomits or over-exercises after eating)
- Does not eat enough
- Severely restricts calorie intake
- Is too preoccupied with body image
- Other:

EXERCISE: My child...

- Gets enough exercise
- Attends gym class at school
- Participates regularly in extracurricular sports
- Is part of a sports team
- Is part of a gym
- Identifies as an athlete
- Other:

- Gets no exercise
- Enjoys active play indoors and/or outdoors
- Exercises on their own
- Avoids all physical activity
- Loves exercise
- May play sports in college
- Other:

Does the child wear eyeglasses?	Does the child wear a hearing aid?
Are there visual processing problems or other issues?	Are there audiological processing problems or other issues?
Date of last vision exam?	Date of last audiological exam?

Allergies

Has the child had the following illnesses and conditions (List date if known)

Measles	Chicken Pox	Ear Infections	Diabetes
Asthma	Pneumonia	Meningitis	Encephalitis
Convulsions/Seizures	Head Injuries	Staring Spells	Eating Problems
Broken Bones	Lead Poisoning	PANDAS	Lyme Disease

Other:

Has your child ever been medically hospitalized? _____ If so, please provide the dates and reasons for hospitalization.

FAMILY INFORMATION

Parents' Marital Status	Single	Separated	Divorced	Widowed	Married ___ Years
Parents are:	Natural / Biological	Foster	Adoptive	Guardians	
Mother's Name					
Mother's Education/Occupation					
Mother's phone number					
Father's Name					
Father's Education/Occupation					
Father's phone number					

If Divorced or Separated (Custody Information)

Who has legal custody of child?	(please circle)	MOTHER	FATHER	BOTH
Who is the legal guardian?	(please circle)	MOTHER	FATHER	BOTH
Which parent has decision-making responsibilities for EDUCATION	(please circle)	MOTHER	FATHER	BOTH
Which parent has decision-making responsibilities for HEALTH	(please circle)	MOTHER	FATHER	BOTH
Which parent has decision-making responsibilities for RELIGION	(please circle)	MOTHER	FATHER	BOTH
Which parent has decision-making responsibilities for EXTRACURRICULAR ACTIVITIES	(please circle)	MOTHER	FATHER	BOTH
Which parent has decision-making responsibilities for CARETAKING	(please circle)	MOTHER	FATHER	BOTH

Please list all persons who live in the household, and their ages:

Name	Relationship	Age

EARLY DEVELOPMENT

Birth weight _____ Birth length _____

Child was: Full term Premature How many weeks premature? _____

List any significant problems during pregnancy or delivery

At what age did the child first:

Sit alone _____ Use single words _____

Stand alone _____ Speak in sentences _____

Walk alone _____ Toilet trained _____

Describe your child as an infant and toddler:

Did your child require Early Intervention Services? If so, please explain:

What other doctors, therapists, or professionals have been involved in your child's care?

Name of Provider	Service	How often	When it started	When it ended

EDUCATION INFORMATION

Age(s)	School (preschool, elementary, high)

ACADEMICS: My child...

- | | |
|---|--|
| <input type="checkbox"/> Loves school | <input type="checkbox"/> Really dislikes school |
| <input type="checkbox"/> Gets good grades | <input type="checkbox"/> Gets bad grades |
| <input type="checkbox"/> Is never in trouble | <input type="checkbox"/> Is often in trouble |
| <input type="checkbox"/> Prefers these subjects? | <input type="checkbox"/> Does not like these subjects: |
| <input type="checkbox"/> Skips (or tries to skip) school | <input type="checkbox"/> Is anxious about school |
| <input type="checkbox"/> Is overly focused on good grades | <input type="checkbox"/> Does not do homework |
| <input type="checkbox"/> Takes advanced classes | <input type="checkbox"/> Has been suspended |

Other

Name of Current School	
Current Grade	
Type of Classroom (In-Person, Hybrid, Remote, HomeSchool, etc)	
Is your child receiving special education services (504 Plan, IEP, etc)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Uncertain

If your child receives special school services, please describe:

Type of Special Education	When did it begin	Times Per Week	Length of Session

What other special educational services have been provided in the **past**?

Type of Special Education	When did it begin	When did it end

Has your child received private tutoring or educational services? Yes No **If yes, please describe**

Has your child ever repeated a grade? Yes No **If yes, please describe**

Has your child ever missed more than 10 days in a school year? Yes No **If yes, please describe**

SOCIAL FUNCTIONING

PEERS: My child...

- | | |
|---|--|
| <input type="checkbox"/> Has no problems making/keeping friends | <input type="checkbox"/> Has difficulty making/keeping friends |
| <input type="checkbox"/> Has many friends | <input type="checkbox"/> Has no friends |
| <input type="checkbox"/> Has one or two close friends | <input type="checkbox"/> Wants to have more friends |
| <input type="checkbox"/> Hangs out with good kids | <input type="checkbox"/> Hangs out with "bad" kids |
| <input type="checkbox"/> Spends time IN PERSON with friends | <input type="checkbox"/> Spends time ONLINE with friends |
| <input type="checkbox"/> Uses good judgment with peers | <input type="checkbox"/> Uses bad judgment with peers |
| <input type="checkbox"/> Prefers same-age peers | <input type="checkbox"/> Prefers younger/older peers |

Other

ADULTS: My child...

- Is respectful towards adults
- Follows rules and directives
- Is disrespectful of authority
- Respects men more than women

- Is well-liked by adults
- Is an example to other kids
- Gets in trouble a lot
- Respects women more than men

Other

Has your child recently had any major changes or stressors in his/her life (e.g., divorce, loss of pet, friend moved, new school, move, change in academic/social/athletic status, bullying, etc)? **If so, please describe.**

Have COVID-19 safety measures (social distancing, remote learning, quarantine, scary news, etc) affected your child? How? Are there new problems/concerns that have arisen since March 2020?

